

# Tips for young people

- Discuss rules for your use of a cell phone and/or the Internet with your parents, care givers and/or educators.
- Talk to your parents or care givers if you are uncertain about sites you are visiting on the Internet.
- Remember that you cannot actually see people who you talk to through chat rooms even when they post up photographs, you cannot be sure that these photographs are actually of themselves.
- Never give anyone you meet through a chat room or internet site your personal information, such as telephone number, address, school and information about your family.
- Never agree to meet anyone you have previously met on the Internet without getting the permission of your parents and care givers and taking a responsible adult with you.
- Don't open an attachment or downloaded file unless you know and trust the person who has sent it.
- If you find something that upsets or disturbs you, save it and talk to an adult about it.
- If a person sends you messages you do not want or feel uncomfortable with through your cell phone, discuss this with your parent or caretaker or a responsible adult.

## What is Pornography?

Pornography is written or visual material that has the kind of sexual content designed to stimulate sexual interest. Exposing young people under 18 to pornography or using young people under 18 in the making of pornography is illegal.

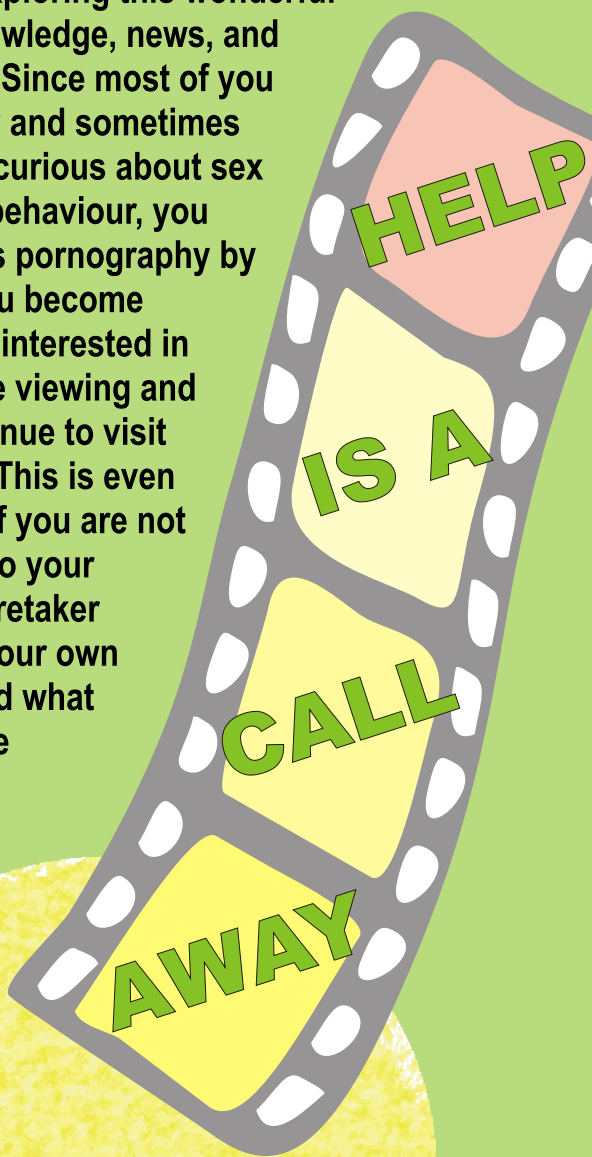
If you come across child pornography whilst using the internet please report the site to the **Child Pornography Hotline 0800 148 148**



**childline**

**[www.childlinesa.org.za](http://www.childlinesa.org.za)**

When young people have access to computers, the internet and cell phones you can enjoy exploring this wonderful world of knowledge, news, and chat rooms. Since most of you are naturally and sometimes particularly curious about sex and sexual behaviour, you come across pornography by accident, you become curious and interested in what you are viewing and so you continue to visit these sites. This is even more likely if you are not able to talk to your parent or caretaker about sex, your own sexuality and what you might be viewing and feeling.



**CALL & TALK**

**Childline**

**0800 055 555**